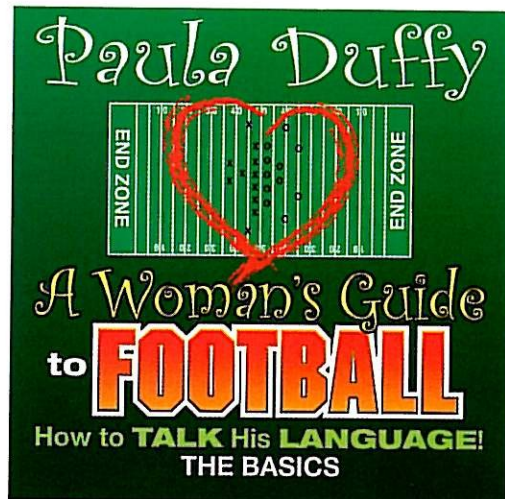
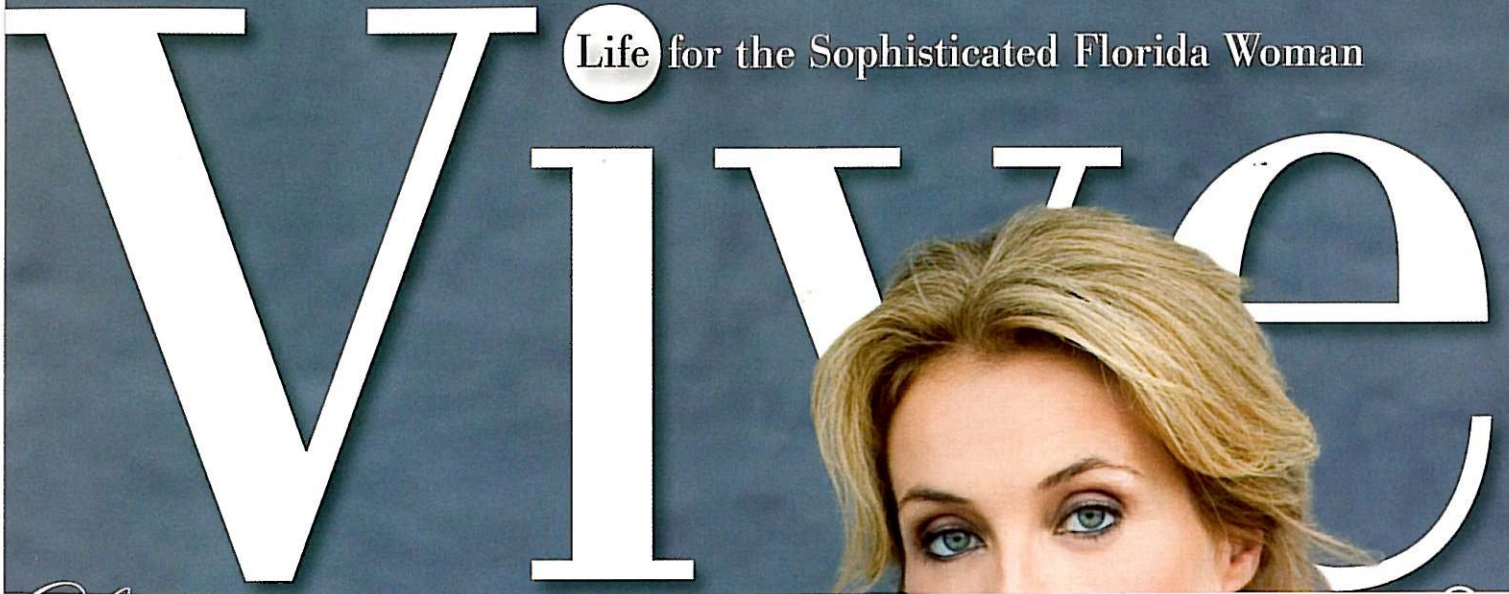


Life for the Sophisticated Florida Woman

WIVES



TIME Out!

With the arrival of football season, wives everywhere let out a collective groan over the countless hours lost with their husband as he plants himself in front of the TV. Let's face it, football can be just plain confusing, and it's hard to enjoy watching something you just don't understand. However, this season you can finally get off the sidelines with Paula Duffy's audio title, *Paula Duffy: A Woman's Guide to Football: How to Talk His Language* (Gildan Audio). In less than one hour, the sports expert transforms football novices into avid fans. From the coin toss to the final play, Duffy explains what every sports widow needs to know in order bond with her man. And that is a touchdown in our book. ▼

Available at audible.com, the audio title can be played on any MP3 or similar digital audio device.