



“They are just games, but if you enjoy them, know the backstories and personalities and pick a team to follow, you have a best friend for life.”

For females who are illiterate when it comes to football (like me), this is the perfect study aid. Paula Duffy's A Woman's Guide to Football: How to Talk His Language (Gildan Media) helps any gal get off the sidelines and understand the game through the 47-minute downloadable audio for \$4.98. Info: www.incidentalcontact.com or www.audible.com.